

New Richmond K-5 Breakfast Cycle Menu

Our breakfast program depends on participation from our customers. Please consider purchasing meals from our cafeteria. Free & Reduced applications may be filled out any time during the school year. If you qualify for free or reduced lunch, you also qualify for free or reduced breakfast.

MEAL PRICING:

Breakfast Full Price \$1.60
 Reduced Breakfast Price \$0.30
 Milk Only \$0.60

BREAKFAST Menu

August - December 2023

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/17 9/11 10/9 11/6 12/11	Mini Pancakes Fruit Juice Milk	Mini Donuts Fruit Juice Milk	Cereal Packs or Poptart Packs Milk	Muffin Fruit Juice Milk	Biscuit/Gravy Fruit Juice Milk
8/21 9/19 10/16 11/13 12/18	Bagel w/Cream Cheese Fruit Juice Milk	French Toast Fruit Juice Milk	Cereal Packs or Poptart Packs Milk	Donut Fruit Juice Milk	Biscuit/Gravy Fruit Juice Milk
8/28 9/25 10/23 11/27	Mini Pancakes Fruit Juice Milk	Mini Donuts Fruit Juice Milk	Cereal Packs or Poptart Packs Milk	Muffin Fruit Juice Milk	Biscuits/Gravy Fruit Juice Milk
9/5 10/2 10/30 12/4	Bagel w/Cream Cheese Fruit Juice Milk	French Toast Fruit Juice Milk	Cereal Packs or Poptart Packs Milk	Donut Fruit Juice Milk	Biscuits/Gravy Fruit Juice Milk

OTHER DAILY SELECTIONS:

Cereal Bowl
 Packs Cereal
 Bars
 Milk Choice
 100% Juice
 Sunny Sip Juice
 Fruit
 Graham
 Crackers

**NREVSD FSD
 can not
 guarantee
 potential
 allergens for
 food sensitive
 individuals**

**Menu subject to
 change**

**This institution
 is an equal
 opportunity
 provider**

NUTRITION BITES

- Breakfast is an important source of vitamin D and calcium, providing 40% of vitamin D and 25% of calcium to children age 2 to 19
- Cereal contributes less than 10% of calories, but over 25% of daily intake of essential nutrients and whole grain in the diets of children who eat cereal