

# Community Resource Guide



Alcohol/drug, mental health, & psychiatric services .....	1
Black community support .....	4
Child abuse and prevention .....	5
Community support and homeless shelters .....	6
Disability .....	8
Divorce .....	10
Eating disorders .....	10
LGBTQ+ .....	11
Grief .....	12
Medical care .....	13
Miscellaneous .....	14
Pregnancy .....	15
Self help .....	16
Sexual abuse .....	18
Suicide prevention .....	19

## ALCOHOL/DRUG, MENTAL HEALTH, & PSYCHIATRIC RESOURCES

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### **Addiction Resource**

(888) 276-3711

<https://addictionresource.com/drug-rehab/ohio/>

An organization that provides free resources to help people find a local list of rehab centers that offer support for those struggling with a drug or alcohol addiction.

### **Addiction Services Council**

(513) 281-7880

<http://www.addictionservicescouncil.org/>

A community based organization that provides professional resources on alcohol, tobacco, & drug related issues.

### **Beech Acres Parenting Center**

(513) 231-6630

<http://beechacres.org/>

A locally based organization that provides families with parenting programs, services, and expert resources for every stage of life.

### **PsychBC**

(513) 826-4046

<https://psychbc.com/locations/cincinnati-area/anderson-cincinnati-oh>

A private practice organization that provides local outpatient mental health treatment, psychiatric care, counseling, & therapy throughout the tri-state area.

### **BrightView Health**

1-833-510-HELP

<https://brightviewhealth.com>

An organization that offers medication assistance treatment and counseling for adults all over Ohio for substance use disorders.

### **Central Clinic Behavioral Health**

(513) 558-5878 (Intake and general information)

(513) 558-5857 (Child & Family Treatment Center)

<http://www.centralclinic.org>

A local organization that provides mental health services to children, adolescents, & families in a variety of office based and community settings.

**Child Focus, Inc.**

(513) 752-1555

<http://www.child-focus.org>

A local corporation that offers a wide range of mental health services, including individual/family counseling, group counseling, therapeutic support, diagnostic assessment, crisis intervention & pharmacotherapy.

**Cincinnati Children's Hospital Psychiatric Intake Response Center (PIRC)**

(513) 636-4124

<http://www.cincinnatichildrens.org>

The Psychiatric Intake Response Center (PIRC), located within Cincinnati's Children's is the admission & evaluation center for all psychiatric services.

**Cincinnati Drug Rehab and Alcohol Addiction Treatment**

1-877-882-9275

<http://www.drug-rehabs.org/Ohio-Cincinnati-drug-rehab-treatment.htm>

A resource to help find the best drug rehabs & alcohol addiction treatment centers in Cincinnati to help one with a successful recovery program.

**ClearView Counseling Services**

(513) 860-1100

<http://www.yourclearview.com/>

A private practice counseling service that provides individual, couple, & family counseling to children, adolescents & adults.

**Clermont Recovery Center through Greater Cincinnati Behavioral Health**

(513) 735-8100

<https://www.gcbhs.com>

An addiction treatment service in Clermont County that provides a comprehensive customized care to the adolescents and their families suffering from substance abuse and/or mental illness.

**Coalition for a Drug-Free Clermont County**

(513) 735-8143

<http://www.drugfreeclermont.org>

The Clermont County coalition provides information about substance abuse prevention to the community. It includes websites for both parents & teens that provide objective information.

**Compass Point Counseling Services**

(513) 939-0300

<http://www.compasspointcounseling.net>

A private practice counseling service that provides individual, family, couple & group counseling at several sites throughout the Cincinnati area.

**The Counseling Source, Inc.**

(513) 984-9838

<http://Thecounselingsource.com>

An organization that provides mental health services to school age children and long term care residences throughout the state of Ohio.

**Greater Cincinnati Behavioral Health Resources**

(513) 345-8555

<https://www.gcbhs.com/>

A behavioral health organization that provides comprehensive customized care to adolescents and adults suffering from mental illness. They have several locations in the greater Cincinnati area.

**Lindner Center of Hope**

(513) 536-4673

<http://www.lindnercenterofhope.org>

The Lindner Center of Hope is an organization that provides a continuum of care for the full spectrum of a mental disorder for both children and adults in Mason, OH.

**Mental Health Access Point**

(513) 558-8888

<http://www.mentalhealthaccesspoint.org>

A division of Central Clinic whose primary mission is to provide a standardized entry to a managed system of care that ensures services are available, accessible, & of high quality. It operates 24 hours a day, 7 days a week to answer calls and connects consumers to appropriate services.

**Pressley Ridge**

(513) 559-1402

<http://www.pressleyridge.org>

An organization that provides community based mental health services, case management, couple, group, & individual, and court ordered outpatient

treatments in Clermont County.

**Talbert House**

Appointment: (513) 221-4357

Emergency: (513) 281-2273 {513-281-CARE}

<http://www.talberthouse.org/>

This organization provides community residential, outpatient, intensive outpatient, & adolescent substance abuse, crisis care, drug court services, substance abuse and mental illness assistance.

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**BLACK COMMUNITY SUPPORT RESOURCES**

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**Cincinnati Black Pride**

(513) 818-9596

<https://cincinnatiblackpride.com/>

This organization's mission is to promote the health, education, awareness & social & cultural wellness of Cincinnatians who are black and LGB.

**Cincinnati Black Theatre Company**

(513) 241-6060

<https://cincinnatiblacktheatre.org/>

The productions, employment opportunities, community outreach, & educational and children's programming are aimed at promoting diversity, literacy, & multiculturalism in Cincinnati.

**Cincinnati National Association for the Advancement of Colored People (NAACP) Youth & College Division**

(513) 281-1900

<https://www.naacp.org/youth-college/>

The division's mission is to help advance the education, social, and political status of African Americans & other racial & ethnic minorities to develop an intelligent, effective youth leadership.

**The Voice of Black Cincinnati**

(513) 281-3228

<https://thevoiceofblackcincinnati.com/>

This organization is designed to educate, recognize & create opportunities for African Americans in the region.

## **Urban League of Greater Southwestern Ohio**

(513) 281-9955

<https://www.ulgso.org/>

This urban league is the largest & oldest group devoted to empowering black families & individuals. It exists to promote self-sufficiency & personal empowerment through workforce training & financial services.

## **CHILD ABUSE/PREVENTION RESOURCES**

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### **Beech Acres Parenting Center**

(513) 231-6630

<http://www.beechacres.org/>

Their mission is inspiring & equipping today's parents, families, & communities to raise capable, caring, & contributing children.

### **Child Abuse Hotline**

1-800-4-A-CHILD

<http://www.childhelp.org>

It is a non-profit, whose mission is to meet the physical, emotional, educational and spiritual needs of abused, neglected and at risk children. It is not affiliated with Child Protective Services, any governmental agency, political party, religious denomination, or any other entity, organization or institution.

### **Children's Hospital**

(513) 636-SAFE

<http://www.cincinnatichildrens.org>

Cincinnati Children's works to improve child health and transform delivery of care through fully integrated, globally recognized research, education, and innovation.

### **Clermont County Jobs and Family Services**

(513) 732-7173

<http://www.cps.clermontcountyohio.gov>

The agency administers federal, state, & local programs designed to help those in need and help families work toward self sufficiency.

### **Council on Child Abuse**

(513) 684-7976

<http://www.cocachild.org/>

The council provides educational and public awareness programs to prevent and stop abuse and bullying where children live, learn and play.

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## **COMMUNITY SUPPORT AND HOMELESS SHELTERS RESOURCES**

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### **American Red Cross**

(513) 579-3000

<http://www.redcross.org>

An organization that can assist with housing for homeless as a result of natural disaster or fire.

### **Bethany House**

(513) 557-2873

<http://www.bethanyhouseservices.org/>

An organization that provides emergency shelter for single women with and without children in Cincinnati.

### **Central Access Point (CAP) - Greater Cincinnati Homeless Coalition**

(513) 381-7233

[https://www.strategiestoendhomelessness.org/caphotline\\_can\\_help/](https://www.strategiestoendhomelessness.org/caphotline_can_help/)

A coalition that can assist with shelter access throughout the Cincinnati area.

### **Clermont County Community Services**

(513) 732-2277

<http://www.cccsi.org>

A local organization that provides essential services to its clients to assist them in reaching self-sufficiency and improving their quality of life.

### **Drop Inn Center**

(513) 721-0643

<http://www.shelterhousecincy.org/>

A center that provides emergency shelter in Cincinnati.

**Freestore Foodbank**

(513) 482-4500

<http://www.freestorefoodbank.org/>

An organization that provides nutritious food, connects to support services, & offers a pathway from crisis to stability.

**Grace & Mercy Outreach, Inc.**

(513) 753-1555

A local food and clothing pantry.

**Holy Trinity Church/St. Vincent de Paul Society**

(513) 732-2024

<http://www.foodpantries.org>

A local food pantry.

**Interfaith Hospitality Network**

(513) 471-1100

<http://www.ihncincinnati.org/>

A network that can assist with emergency shelter and hospitality through interfaith communities and work with families to find and retain stable housing.

**James Saul Homeless Shelter-Clermont County**

(513) 732-6464

<http://www.homelessshelterdirectory.org>

A homeless shelter in Clermont County.

**Lighthouse Youth Services Shelter**

(513) 961-4080

<http://www.lys.org/>

A homeless resource for unaccompanied youth.

**New Richmond Food Pantry**

(513) 553-3800

<http://www.foodpantries.org>

A comprehensive list of food assistance programs.

**Public Utilities Commission**

(800) 282-0880

<https://www.puco.ohio.gov>

A governmental agency that offers energy assistance programs for utility bills: gas and electric.



**SEM (Southeastern Ecumenical Ministries) Food Pantry-IHM**

(513) 231-1412

<http://www.semfoodpantry.org>

A local food pantry.

**Stephen-Ministry of Anderson Hills United Methodist Church**

(513) 231-4172

<http://www.andersonhills.org/receive-care/stephen-ministry/>

A local confidential ministry that provides assistance on one on one Christian care for individuals in their congregation and community.

**USDA Food and Nutrition Service**

1-888-3HUNGRY

1-888-348-6479

<http://www.fns.usda.gov>

A government service that assists low income people access to food.

**United Way of Greater Cincinnati**

Main: (513) 762-7100

Eastern Location (Batavia): (513) 536-3000

<http://www.uwgc.org>

An organization that works in partnership with federal, state, & local governments to develop effective service delivery systems for this region.

**YWCA House of Peace Shelter-Clermont County**

1-800-540-4764

(513) 753-7281

<http://Ywcacincinnati.org>

An organization that offers help and hope to victims of domestic violence in Clermont County.

**DISABILITY RESOURCES**

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**Autism Society of Cincinnati**

(513) 561-2300

<http://www.autismcincy.org>

An organization that provides knowledge, information, & resource service, family support, education programs; and community projects and events to increase autism awareness.

### **Brain Injury Association of Ohio**

(614) 481-7100

<http://www.biaoh.org>

An association that works to advance brain injury prevention, research, education, & advocacy for Ohioans with brain injury and their families.

### **Clermont County Board of Developmental Disabilities-Willey Center**

(513) 732-7000

<http://clermontdd.org>

An organization that offers a variety of services in the community, where people with disabilities thrive and live a life on their own terms. It serves children, teens, and adults.

### **Clermont County Educational Service Center**

(513) 735-8300

<https://www.ccesc.org/>

The center's mission is to deliver quality, innovative services that meet or exceed the needs and expectations of its customers and stakeholders.

### **Disability Rights Ohio**

(614) 466-7264

(800) 282-9181

<https://www.disabilityrightsohio.org/>

A non-profit corporation with a mission to advocate for the human, civil, & legal rights of people with disabilities in Ohio.

### **The Down Syndrome Association of Greater Cincinnati**

(513) 761-5400

<http://www.dsagc.com>

An association whose mission is to empower individuals, educate families, enhance communities and together, celebrate the extraordinary lives of people with Down Syndrome.

### **Learning Disabilities Association of America**

(412) 341-1515

<https://ldaamerica.org/>

An organization that provides support to people with learning disabilities, their parents, teachers, & other professionals with cutting edge information on learning disabilities, practical solutions, and comprehensive network resources.

## DIVORCE RESOURCES

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### **Beech Acres Parenting Center**

(513) 231-6630

<http://www.beechacres.org>

The center can help you strengthen your family during or after a divorce through natural strength parenting coaching.

### **Divorce Care**

1-800-489-7778

<https://www.divorcecare.org/>

The organization provides a list of groups that meet regularly to help face these challenges and move toward rebuilding life after a divorce or separation.

## EATING DISORDER RESOURCES

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### **A WEIGH OUT**

(513) 321-4242

<http://www.aweighout.com/>

A division of Well Centered, Inc. that provides step by step tools to stop emotional eating and weight obsession.

### **Cincinnati Children's Hospital**

(513) 636-4200

<http://www.cincinnatichildrens.org>

Cincinnati Children's works to improve child health & transform delivery of care through fully integrated, globally recognized research, education, & innovation.

### **Eating Recovery Center Insight Behavioral Health**

(513) 318-7977

<https://www.eatingrecoverycenter.com/recovery-centers/cincinnati>

The behavioral health center offers eating disorders and mental health treatment for adolescents and adults in Cincinnati.

### **Lindner Center of Hope**

(513) 536-4673

<http://lindnercenterofhope.org>

This comprehensive not for profit mental health center provides nationally recognized, patient-centered scientifically-advanced care for individuals suffering with mental illness, including eating disorders.

### **National Eating Disorders Helpline**

(800) 931-2237

<http://www.nationaleatingdisorders.org>

NEDA supports individuals & families affected by eating disorders and serves as a catalyst for prevention, cures, & access to quality care.

## **LGBTQ+ Resources**

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### **GLSEN (Gay Lesbian Straight Education Network)**

(866) 934-9119

<http://www.glsen.org/>

This network's function is to ensure every student, in every school, is valued and treated with respect, regardless of their sexual orientation, gender identity or gender expression. The organization believes that all students deserve a safe & affirming school environment where they can learn and grow.

### **GLSEN Youth Group**

<http://www.glsen.org/chapters/cincinnati/youthgroup>

This organization's youth groups focus on ensuring that every student, in every school, is valued and treated with respect, regardless of their sexual orientation, gender identity or gender expression. The organization believes that all students deserve a safe & affirming school environment where they can learn and grow.

### **PFLAG Cincinnati (Parents, Families, Friends, and Allies United with LGBT People)**

(513) 721-7900

<http://www.pflagcinci.org>

A non profit organization of volunteers who offer support for lesbian, gay, bisexual,

transgender, & intersex individuals, families, & friends in a safe caring environment.

## **GRIEF RESOURCES**

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### **Cancer Family Care**

(513) 474-6907 (Mercy Anderson)

<http://cancerfamilycare.org>

A non profit organization that helps children & adults cope with the effects of cancer diagnosis in the family. They provide therapeutic counseling, education, support, and hope to all people touched by cancer.

### **Cincinnati Children's Hospital Medical Center/StarShine Hospice**

(513) 636-0069

<http://cincinnatichildrens.org>

The Bereavement Service Department of Cincinnati Children's provides bereavement support to families who experience the death of a child or young adult.

### **Companions on a Journey Grief Support, Inc.**

(513) 870-9108

<http://www.companionsonajourney.org>

This organization offers ongoing, grief support programs for children, teens, & adults, who have experienced the death of a loved one.

### **The Compassionate Friends**

(877) 969-0010

<http://compassionatefriends.org>

A self help organization that offers friendship, understanding, & hope to bereaved families that have experienced the death of a child. The Greater Cincinnati TCF-East Chapter meets monthly.

### **Fernside Center for Grieving Children**

(513) 246-9100

<http://www.fernside.org/>

The center offers a variety of programs (including camp program) for children & teens, who are grieving the death of a family member or friend. Parents & guardians also meet in their own support group.

**Grief Share**

(800) 395-5755

<http://griefshare.org>

An organization that offers support groups led by people, who understand what you are going through and want to help.

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**MEDICAL CARE RESOURCES**

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**Cincinnati Children's Hospital**

(513) 636-4200

<http://www.cincinnatichildrens.org/>

The pediatric hospital located in Cincinnati is ranked third in the nation in the U.S. News & World Report's list of Best Children's Hospitals.

**Clermont County Community Services, Inc**

(513) 732-2277

<http://www.cccsi.org>

The local agency offers pediatric medical and pediatric dental care.

**Clermont County Public Health**

(513) 732-7499 (Public Health)

(513) 735-8400 (Nursing Division)

<https://ccphohio.org>

The local public health offers back to school immunizations, flu shots, and other immunizations.

**Healthsource of Ohio (Batavia office)**

(513) 732-0870

<https://www.healthsourceofohio.org/>

Healthsource of Ohio is a private, not for profit medical health center for both adults and pediatrics.

**Prevent Blindness- Southwest Ohio Chapter**

(513) 531-9001

<https://ohio.preventblindness.org/>

This organization provides assistance with vision care and vision involvement of community support.

## **The Children's Health Insurance Program (CHIP)**

1-800-318-2596

<http://www.healthcare.gov/medicaid-chip/childrens-health-insurance-program>

/ If children need health coverage, they may be eligible for the Children's Health Insurance Program.

## **MISCELLANEOUS RESOURCES**

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### **Above the Fray (Helping our youth navigate the Digital World)**

<https://www.beabovethefray.org/>

The network helps parents/youth navigate the digital world.

### **Aunt Bertha-The Social Care Network**

<http://www.auntbertha.com>

This is a resource database for searching for free or reduced cost services like medical care, food, job training, and more.

### **Clermont County Family & Children First**

(513) 732-7862

<http://clermontfcf.org>

As a multi-agency umbrella, this organization brings individuals, agencies, & organizations together to better serve children and families.

### **Clermont County Help Me Grow**

(513) 732-5030

<https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/help-me-grow/help-me-grow>

This is an evidence based support program that encourages early prenatal and well baby care, as well as, parenting education to promote the comprehensive health and development of children.

### **Clermont Transportation Connection**

(513) 732-7433

<https://ctc.clermontcountyohio.gov/>

The Connection is the primary provider of public transportation in Clermont County.

**Clermont County Veteran Services**

(513) 732-7363

<http://clermontcountyveterans.com>

This organization offers assistance with veterans and/or their dependents.

**Legal Aid Society of Greater Cincinnati**

(513) 241-9400

<http://lascinti.org>

The organization offers legal assistance to the vulnerable population.

**MindPeace**

(513) 803-0844

<http://mindpeacecincinnati.com/>

This is a search engine of sorts to help families find resources on various topics in the tristate area.

**Find Help Organization**

<http://findhelp.org>

The organization is a resource database in which one can search for food assistance, help paying bills, & other free reduced cost programs, including new programs for the COVID-19 pandemic.

**YWCA (Young Women's Christian Association)**

(513) 732-0450

(513) 753-7281 (24-hour domestic violence hotline)

<https://www.ywcacincinnati.org/>

The association promotes solutions to improve the lives of women, girls, & people of color across the country.

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**PREGNANCY RESOURCES**

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**A Caring Place**

(513) 427-2271

<https://www.acaringplace.org/>

An organization that you will find non-judgmental help and support in a difficult situation. They offer a variety of resources.

**Every Child Succeeds**

(513) 636-2830

<https://www.everychildsucceeds.org/>



An organization that helps parents raise successful thriving children.

**Life Forward**

(513) 961-7777

<http://www.lifeforwardcincy.org>

An organization that offers resources for unplanned pregnancy.

**Planned Parenthood-Southwest Ohio Region**

(513) 287-6484

<https://www.plannedparenthood.org>

An organization that offers a variety of healthcare and education.

**Pregnancy Center East**

(513) 321-3100

<https://pregnancycentereast.com>

An agency that provides expectant and new mothers with resources, supplies, & community referrals.

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**SELF HELP RESOURCES**

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**Alanon/Alateen**

(513) 947-3700

<https://al-anon.org/>

Self help support groups for adults and teens, who have been affected by someone else's drinking.

**Alcoholics Anonymous**

(513) 351-0422

<http://www.aacincinnati.org/>

A fellowship of men and women who share their experience, strength & hope with each other that may sove their common problem and help others to recover from alcoholism.

**Beech Acres Parent Source Information Line**

(513) 231-6630

<http://beechacres.org/>

The Parenting Center provides parents, and other dedicated adults, with the tools they need to shift from raising children in a reactive mode to one which is more intentional and focused on the strengths of the child and parent.

**Child Focus, Inc.**

(513) 752-1555

<http://www.child-focus.org>

An agency that provides mental health services that parents and caregivers report are helpful and informative, as well as, provide meaningful information, such as how to implement treatment recommendations in the home and educational settings.

**Council on Child Abuse**

(513) 684-7976

<http://www.cocachild.org>

The Council on Child Abuse provides educational and public awareness programs to prevent and stop abuse and bullying where children live, learn, & play (peer abuse, bully programs).

**Lighthouse Youth Services**

(513) 221-3350

<http://www.lys.org/>

The mission of Lighthouse Youth Services is to empower young people and families to succeed through a continuum of care that promotes healing and growth.

**Narcotics Anonymous**

(513) 752-2210

<http://www.na.org/>

A community based organization that offers recovery from the effects of addiction through working a twelve-step program.

**Nar-Anon Family Groups**

(800) 477-6291

<http://www.nar-anon.org/>

A support organization for those who know or have known a feeling of desperation concerning the addiction problem on someone near you.

**Neediest Kids of All**

(513) 768-8549

<http://www.neediestkidsofall.com>

An organization that helps children in the Tri State area by providing basic necessities for local area children.

### **Overeaters Anonymous**

(513) 921-1922

<http://www.oa.org>

OA is a community of people who support each other in order to recover from compulsive eating and food behaviors.

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## **SEXUAL ABUSE RESOURCES**

### **Mayerson Center for Safe and Healthy Children**

(513) 636-SAFE (7233)

<http://www.cincinnatichildrens.org/service/m/mayerson-center/default/>

The Mayerson Center for Safe and Healthy Children at Cincinnati's Children's is a premier program that has helped set the national standard for enhancing & strengthening evaluations of child abuse. It conducts state-of-the-art diagnostic, treatment, prevention and training programs, as well as, cutting-edge research in the field of child sexual abuse, child physical abuse, child neglect and parenting.

### **Children's Hospital Emergency**

(513) 636-4293

<http://www.cincinnatichildrens.org>

By going to CCHMC emergency room, individuals can connect to the Mayerson Center.

### **Clermont County Jobs and Family Services**

(513) 732-7173

<http://www.cps.clermontcountyohio.gov>

Call Clermont County Jobs and Family Services to report suspected abuse.

### **Rape Crisis Center Hotline**

(513) 977-5541

24 hour hotline: (513) 381-5610

<http://www.womenhelpingwomen.org/>

Women Helping Women provide crisis intervention & support services for survivors of domestic violence, sexual assault, & stalking in Hamilton County and, survivors of sexual assault in Butler County.

### **YWCA House of Peace Shelter-Clermont County**

1-800-540-4764

24 hour hotline: (513) 753-7281

<http://Ywcacincinnati.org>

YWCA offers crisis intervention & support services for survivors of domestic violence, sexual assault, & stalking in Clermont County.

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## **SUICIDE PREVENTION RESOURCES**

### **American Foundation for Suicide Prevention-Clermont County**

(513) 752-7040

<http://afsp.org>

This organization is dedicated to understanding & preventing suicide through research, education, & advocacy.

### **Children's Hospital-Intake Response Center**

(513) 636-4124

<http://www.cincinnatichildrens.org/service/p/psychiatry/contact/intake-response/>

Cincinnati Children's IRC provides intakes & referrals for services.

### **Clermont County Crisis Hotline**

(513) 528-7283

24 hour hotline: (513) 528-SAVE (7283)

<https://www.child-focus.org/mental-health/services/crisis-services/>

This free and confidential hotline is available 24/7 & provides suicide prevention, crisis intervention, & referral information to Clermont county youth and adults

### **Clermont County Mobile Crisis Team**

(513) 218-9800

<https://www.child-focus.org/mental-health/services/crisis-services/>

The team is staffed by Master's level mental health professionals who are available to provide in person mental health assessments to Clermont County youth and adults who are experiencing a mental health crisis and who may be at risk of harm to self & others.

### **Crisis Text Line**

Text HOME to 741741 for free 24/7 to connect with a Crisis Counselor

<http://crisistextline.org>

The crisis text line is available 24/7 to help you with any kind of crisis you may be experiencing.

### **MHAP (Mental Health Access Point)**

(513) 558-8888

<http://mentalhealthaccesspoint.org>

MHAP provides a standardized entry to a managed system of care that ensures appropriate services are available, accessible, and of high quality. A 24-hour hotline is available.

### **Mental Health America of Northern Kentucky and Southwest Ohio**

(513) 721-2910

<http://mhankyswoh.org>

This organization offers education, peer support, & safety net. They provide assistance to individuals with mental health & substance abuse disorders with budgeting, filing for disability, DUI education, & recovery guidance. Providing referrals to appropriate treatment & support services has become their expertise.

### **National Alliance on Mental Illness (NAMI) Southwest Ohio**

(513) 351-3500

NAMI Information Helpline 800-950-NAMI (6264)

<http://www.namiswoh.org>

Trained volunteers provide information, referrals, & support to all who have questions about or are affected by serious mental illness. The NAMI Information Helpline is available Monday-Friday 10am-6pm EST.

### **National Suicide Prevention Lifeline**

1-800-273-8255

1-800-273-TALK

<http://suicidepreventionlifeline.org>

The Lifeline is a free 24-hour hotline available to anyone in suicidal crisis or emotional distress. Calls will be routed to the nearest crisis center to you.

### **Talbert House 24/Hour Helpline**

(513) 281-CARE (2273) or Text TALBERT to 839863

<http://talberthouse.org>

The 24-hour suicide and crisis hotline offers crisis intervention, information, and

referral services to individuals of any age.

**Veterans Crisis Line**

(800) 273-8255 and Press 1 or Text 838255

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

The crisis line connects veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll free hotline, on-line chat, or text.